

Healthy setting policy

It is my policy that when children are provided with meals, snacks and drinks, in my setting these must be healthy, balanced and nutritious

Procedure

I will obtain, record and act on information from parents about a child's dietary requirements.

Where parents provide meals for their children to eat in my setting I will provide chilled storage for packed lunches and appropriate storage areas for other foodstuffs.

I will also provide clean and age appropriate crockery and cutlery to enable the children to eat a packed lunch. .

Children will be provided with healthy snacks and drinks as appropriate and recommended by the Food Standards Agency literature.

Fresh drinking water will be available at all times.

Baby changing facilities will not be near food preparation areas.